

NUTRITION INFORMATION

RAW ORGANIC PLANT BASED CHOCOLATE PROTEIN SHAKE
WITH VEGETABLE GREENS, SWEETENER, VITAMINS AND MINERALS.

One 31g scoop per serving

Approximately 15 servings per container

TYPICAL VALUES	PER 100g	PER SERVING	% RI PER SERVING
Energy	1620 kJ	502 kJ	6%
	387 kcal	120 kcal	6%
Fat	6 g	2 g	3%
of which:			
Saturates	0 g	0 g	0%
Carbohydrate	16 g	5 g	2%
of which:			
Sugars	3 g	<1 g	1%
Fibre	10 g	3 g	+
Protein	65 g	20 g	40%
Salt	0.5 g	0.1 g	2%
Vitamin K	90 µg	28 µg	37%
Biotin	39 µg	12 µg	24%
Phosphorus	645 mg	200 mg	29%
Zinc	7 mg	2 mg	23%
Manganese	2 mg	1 mg	25%
Selenium	181 µg	56 µg	102%

Reference Intake of Average Adult (8400 kJ/2000 kcal)

+ Reference Intake (RI) not established.

Directions: Mix 1 level scoop in 200ml of water (scoop included). Delicious with unsweetened almond milk.

INGREDIENTS:

Organic Raw Protein & Greens Blend (85%): Organic Pea Protein, Organic Spinach (leaf), Organic Sprouted Brown Rice Protein, Organic Chia Protein, Organic Alfalfa Grass Juice, Organic Broccoli (stalk & flower), Organic Navy Bean (sprout), Organic Lentil Bean (sprout), Organic Garbanzo Bean (sprout), Organic Carrot (root), Organic Beet (root), Organic Kale (leaf), **Organic Flavour Blend (15%):** Organic Cacao, Organic Chocolate Flavour, Organic Tapioca Fibre, Sweetener: Organic Stevia Extract (leaf) (E960), Sea Salt, **Raw Live Bacteria & Enzyme Blend (<1%):** Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Pectinase, Xylanase, Hemicellulase, [*Lactobacillus plantarum*, *Lactobacillus bulgaricus*] (1.5 Billion CFU)

Store in a cool, dry place. Keep out of reach of children. Do not use if safety seal is broken or missing. Do not use as a substitute for a varied and balanced diet and a healthy lifestyle.

Manufactured in a facility that also processes egg, milk, soya and tree nuts.

Packaged by weight not volume. Settling may occur.



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100% Certified
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TYPICAL AMINO ACID PROFILE

(Per 31g Serving)

ALANINE.....	848 mg
ARGININE.....	1630 mg
ASPARTIC ACID.....	2260 mg
CYSTINE.....	199 mg
GLUTAMIC ACID.....	3200 mg
GLYCINE.....	796 mg
HISTIDINE.....	460 mg
ISOLEUCINE*.....	970 mg
LEUCINE*.....	1660 mg
LYSINE*.....	1500 mg
METHIONINE*.....	223 mg
PHENYLALANINE*.....	1080 mg
PROLINE.....	881 mg
SERINE.....	983 mg
THREONINE*.....	733 mg
TRYPTOPHAN*.....	777 mg
TYROSINE.....	780 mg
VALINE*.....	1020 mg

*Essential Amino Acids

* Branched Chain Amino Acids

