

**Directions:** Adults take 1 capsule daily. May be taken with or without food. Capsules can be opened. Contents can be taken directly with water or juice. Not intended for children.

## Nutrition Information

Serving Size: 1 Capsule Daily  
Servings Per Container: 30

PER  
SERVING

Pro-Culture blend

625 mg

Of which\*:

*Lactobacillus acidophilus* (La-14)

*Lactobacillus casei* (Lc-11)

*Lactobacillus gasseri* (Lg-36)

*Lactobacillus plantarum* (Lp-115)

*Lactobacillus paracasei* (Lpc-37)

*Lactobacillus brevis* (Lbr-35)

*Lactobacillus bulgaricus* (Lb-87)

*Lactobacillus rhamnosus* (Lr-32)

*Lactobacillus salivarius* (Ls-33)

*Lactobacillus fermentum* (SBS-1)

*Bifidobacterium lactis* (Bl-04)

*Bifidobacterium bifidum* (Bb-06)

*Bifidobacterium breve* (Bb-03)

*Bifidobacterium infantis* (Bi-26)

*Bifidobacterium longum* (Bl-05)

Total live cultures = 50 Billion CFU<sup>1</sup>

Total Lactobacillus = 35 Billion CFU<sup>1</sup>

Total Bifidobacterium = 15 Billion CFU<sup>1</sup>

**Ingredients:** Pro-Culture Blend [Organic potato (*Solanum tuberosum*) (tuber)+, Organic Acacia Fibre [*A. senegal*]+], Non-GMO Vegetable Pullulan (Capsule Shell).

<sup>1</sup>CFU = Colony Forming Units. At Expiration Date under recommended storage conditions.

May be refrigerated or stored in a cool, dry place.

+These ingredients are Organic and represent 55% of the total

\*Cultures within potato and acacia fibre

Keep out of reach of children.

Do not use if safety seal is broken or missing.

Do not exceed daily recommended intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Contains no artificial ingredients or preservatives.



Recyclable  
Bottle



We Buy  
**100% Certified  
Renewable  
Energy**

Made in the U.S.A. from foods grown in the U.S.A. and other countries.

Garden of Life LLC

4200 Northcorp Parkway

Palm Beach Gardens, FL 33410 USA

[www.gardenoflife.com](http://www.gardenoflife.com)

©2017 Garden of Life LLC

Distributed in UK by Kinetic Ent. LTD  
London NW6 4BT

[www.kinetic4health.co.uk](http://www.kinetic4health.co.uk)

UKMFMD30SSL-051717

