

Heavy Metal Elimination

Components

- 1 Vitamin B6
- 2 Vitamin C
- 1 Vitamin E
- 1 Thiocctic acid
- 2 Methionine
- 3 MSM
- 2 Selenium
- 1 Zinc
- 2 L-Cysteine
- 1 Calcium citrate



Dosage chart

| | Vitamin B6 | Vitamin C | Vitamin E | Thiocctic acid | Methionine | MSM | Selenium | Zinc | L-Cysteine | Calcium citrate |
|----------------|------------|-----------|-----------|----------------|------------|-----------|-----------|-----------|------------|-----------------|
| Morning | 1 capsule | 1 capsule | 1 capsule | 1 capsule | - | 1 capsule | - | - | - | - |
| Noon | - | 1 capsule | - | - | - | 1 capsule | - | 1 capsule | 1 capsule | - |
| Evening | - | - | - | - | 1 capsule | 1 capsule | 1 capsule | - | 1 capsule | 1 capsule |

- Take the daily dosage of all capsules with a glass of water after meals.
- The program lasts for 100 days. Glutathione will last for 90 days.
- The program can be repeated as needed.
- In case of adverse effects or if you have questions regarding this program, please consult a physician or a therapist.